



NEST360°

Newborn Essential Solutions and Technologies

RESPONDING TO THE COVID-19 PANDEMIC: Resources Compiled by NEST for Use in Hospital-Based Newborn Care

Last updated on 15 May, 2020

USE INSTRUCTIONS

Intended use of this guidance is to aid clinicians and hospital staff to manage COVID-19 response efforts in newborn care units in sub-Saharan Africa. The guidance material includes a combination of NEST-developed and compiled documents from various organizations and institutions. It also links to further information developed by national bodies. To view the complete document see the [NEST360° COVID-19 Resources](#) webpage.

DISCLAIMER: COVID-19 guidance continues to evolve rapidly. We intend to update the material as new resources become available and will work with others to bring together the best available information. As such, we include a qualifier of “Last Updated on [date]” as reference. We encourage use of this guidance alongside local operational policies developed by your institutions and organizations.

CONTENTS

BEST PRACTICES FOR HANDWASHING (WATER AND SANITIZER)



BEST PRACTICES FOR HANDWASHING:

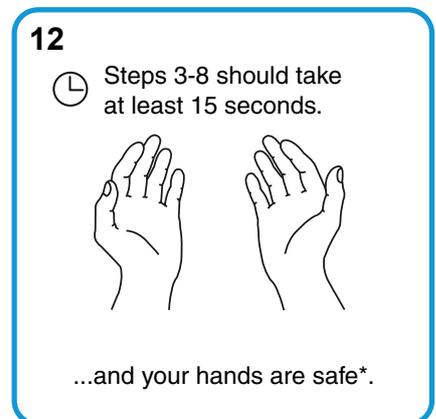
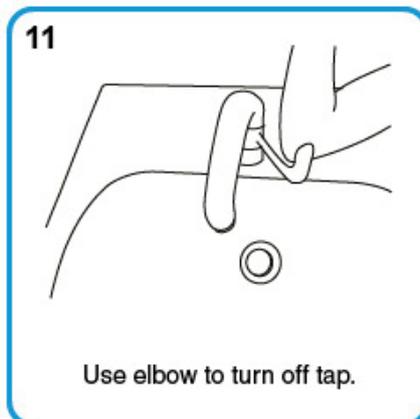
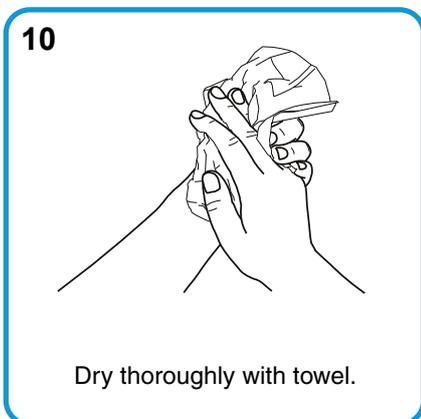
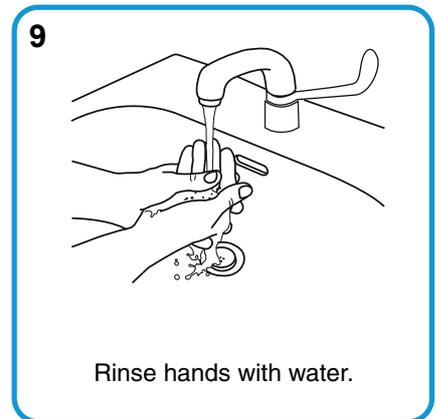
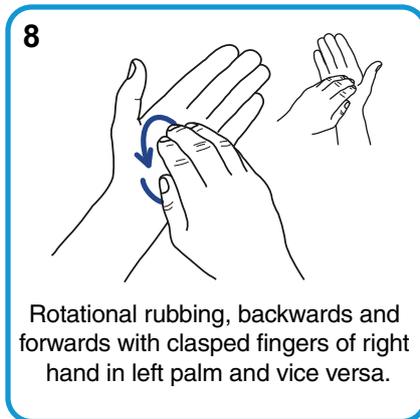
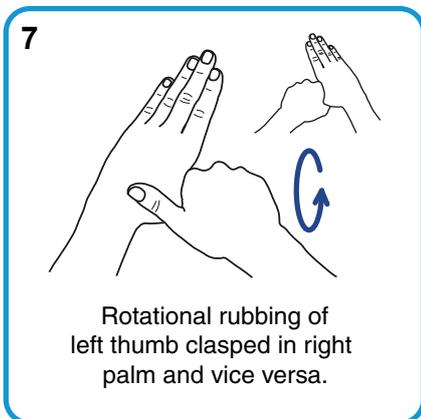
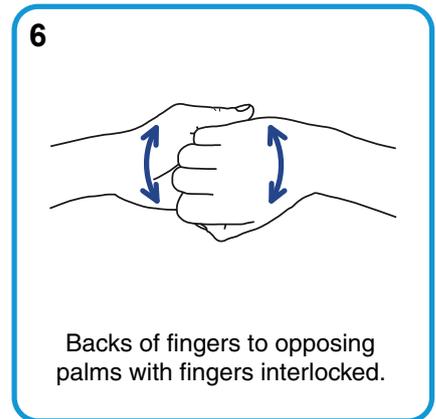
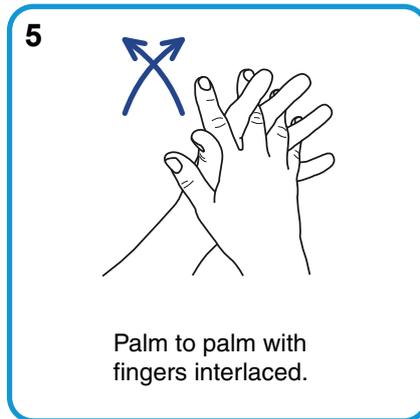
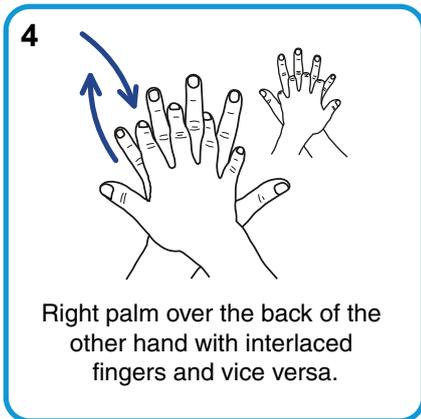
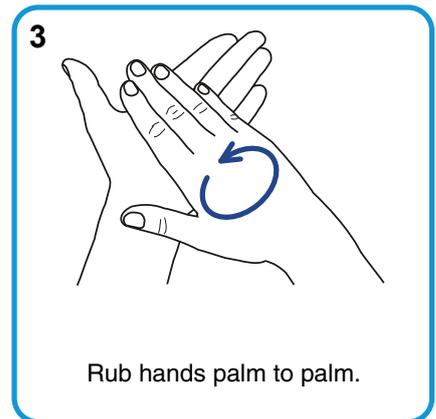
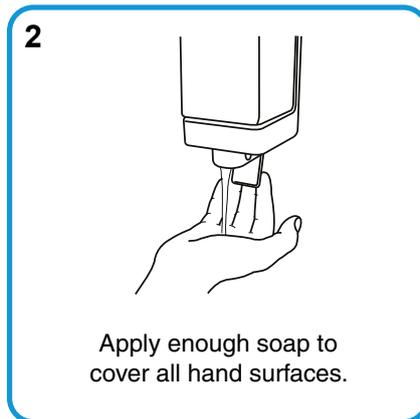
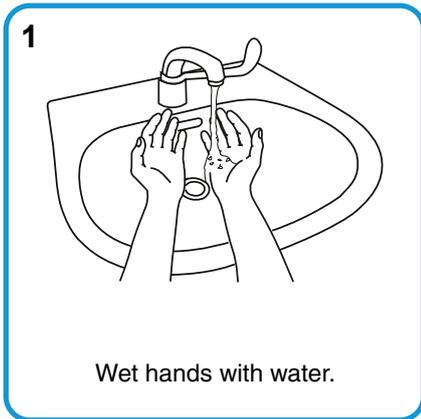
Water or Sanitizer

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[back to contents →](#)

Best Practice: Appendix 1 - How to hand wash step by step images

Steps 3-8 should take at least 15 seconds.



*Any skin complaints should be referred to local occupational health or GP.



Best Practice: Appendix 2 - How to handrub step by step images

Duration of the process: 20-30 seconds.

